

SAILING IN GROUP AT CLUB NAUTIQUE DU ROHU

Plage du Goh-Velin 70 route du Rohu 56730 St Gildas-de-Rhuys

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APE 525Z

Sailing at the club, Goh-Velin's beach on the Ocean!

Participants	Multihull	Tarif/person	
Groups 7 to 13 years old	Twin Cat 13	18€ / session	
Groups over 13 years old and adults	Dart 16	18€ /session	

<u>Description of the session</u>: Initiation, discovery of the sea and navigation (vocabulary, technique, team coordination ...). The session is managed by graduated trainers (BE, BPJEPS).

Timing: 2:30

<u>Requirements</u>: Swimming ability test, coupe-vent, beach shoes, swimming suit, sunglasses, solar cream.

Wetsuits shorty and life jackets lend by the Club. Possibility to have a picnic at the Club.

Navigation in Morbihan's Gulf

Participants Participants	Description	Tarif/person	The same of
All ages groups	Ride between the islands and stop on « Ile aux Moines"	28€ / session	

<u>Description of the session</u>: navigation in collective dinghy and Zodiac. Departure from the Logeo harbor (10 minutes from the Club).

- A group of participants will stop south of Ile aux Moines: they will walk to North of the island and discover the nature, megaliths and so, during this time the other part of the group is sailing between the islands.
- Picnic: The group meets again on the island for a picnic together.
- In the afternoon, inversion of the groups
- Recovery of the walking group in the South of the Island and back to the Logeo.

<u>Timing:</u> one day (10:00 to 17:00).

<u>Requirements</u>: Swimming ability test, coupe-vent, beach shoes, swimming suit, sunglasses, solar cream and a picnic.

We are open to any suggestion or idea, and will always find a solution to meet your requirements and fit in your budget. Just submit us your ideas!



STAGES - LOCATIONS

CATAMARAN - DERVEUR - FUNBOAT - JBO
PLANCHE A VOLE - STAND LP PADDLE - KAYAK

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